

*Healing Together In The Broken Places:
An Educational Support Group
For Children Ages 5-12 And Their Mothers
Who Have Experienced Partner Abuse*

Groups Beginning Fall 2009
Early Evenings during the Week

Facilitated by:
Diane Finn, LCSW, Coordinator of Client Services, Rachel Coalition

Children who have lived in homes, which there has been partner abuse carry many fears and feelings that they hold inside. This educational and therapeutic group will provide a safe place to facilitate their healing. Children will have an opportunity to process and understand the hurting that happened in their family.

Twelve weekly group sessions offer the children such topics as:

- Responsibility, feelings awareness, building self-esteem, positive problem solving, conflict resolution and safety planning.
- Group guidelines and trained facilitators help to create a safe, secure and creative environment for the children to share and work through their experiences.
- The children will be placed into age-appropriate groups.

During the same time frame that their children are participating in group, mothers will join in their own mothers' support group with other women who have experienced partner abuse.

This group will focus on how to:

- Support their children's healing
- Provide an opportunity for the women to explore & learn how to handle the difficult challenges of parenting
- Topics in the Mothers' group will parallel the weekly content being offered to the children (including: building self esteem, conflict resolution and safety planning)
- The group process offers emotional support and problem solving

All parents and children interested in our group program will have an individual intake prior to acceptance into the Children's and Mothers Group program.

If interested: Contact Diane Finn, LCSW at (973) 740-1233 x203 or email dfinn@jfsmetrowest.org